

The Ideas Space

Evaluation by Changing Futures Plymouth

June 2025



Executive summary

“It has been beautiful and such a vital service to our city. Times sometimes feel they are getting harder and then you get human connection with a genuine and authentic attitude in wanting to make the world better and bring communities together.”

Ideas Space Attendee

The Ideas Space, facilitated and coordinated by Changing Futures Plymouth, was designed as a dynamic and inclusive forum to foster innovation, co-production, and system change for individuals experiencing Severe and Multiple Disadvantage (SMD). Over nearly two years, this pilot programme demonstrated a powerful and accessible model for distributing small-scale funding to grassroots and community-led initiatives, while simultaneously creating a culture of collaboration, creativity, and trauma-informed practice.

At its core, the Ideas Space provided a safe and relational environment where individuals and organisations could bring forward ideas—whether fully formed or in early stages—and receive support from peers, professionals, and people with lived experience. The forum operated with a clear ethos: to centre the needs of beneficiaries above organisational or commercial interests, and to encourage learning and sustainability through every funded initiative.

The pilot successfully distributed over £46,000 in seed funding across 27 projects, with each grant capped at £5,000. There were significant outcomes from these modest investments. Projects ranged from therapeutic interventions such as the use of a therapy dog in trauma recovery, to creative community engagement like music and art groups, and strategic system-level innovations including feasibility studies for child sexual abuse prevention and trauma-informed recruitment practices. In total, approximately 420 individuals directly benefited from these initiatives, alongside 135 members of the workforce who gained opportunities for personal development and connection.

Feedback from participants and fund recipients consistently highlighted the value of the Ideas Space’s informal and accessible format. Many described it as a refreshing alternative to traditional funding mechanisms, which are often bureaucratic and inaccessible to smaller organisations. The relational nature of the forum enabled ideas to be shaped collaboratively, with peer researchers and individuals with lived experience playing a central role in both the development and evaluation of projects.

There has also been significant learning from the pilot. While the flexible approach to feedback and reporting was appreciated, it occasionally led to challenges in accountability and impact measurement. Similarly, hybrid meeting formats increased accessibility but were limited by technical issues. Attendance varied across sessions, and some ideas brought to the forum lacked sufficient alignment with the core mission of supporting those experiencing SMD. These insights offer valuable guidance for refining the model in future iterations.

Despite these challenges, the Ideas Space proved to be a successful and impactful mechanism for distributing small grants in a way that is relational, inclusive, and

responsive to community needs. It demonstrated that even small amounts of funding, when paired with trust and collaboration, can be a catalyst for meaningful change for individuals facing SMD.

Looking ahead, there is strong appetite for the continuation and evolution of the Ideas Space. Recommendations include focusing future sessions on key system challenges, improving the hybrid participation infrastructure, expanding stakeholder representation, and strengthening feedback mechanisms. There is also potential to adapt the model to support operational managers in addressing strategic issues such as homelessness among women and care leavers.

In summary, the Ideas Space pilot has not only distributed funds effectively but has also fostered innovation, strengthened partnerships, and empowered communities. It's a strong example of how small-scale, relational funding can drive significant impact and system change when rooted in co-production and lived experience.

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I. Introduction

The Ideas Space was a forum to discuss, implement and share learning from co-produced and innovative system change projects to optimise support for people with experience of Severe and Multiple Disadvantage (SMD) in Plymouth. Developed by the Changing Futures Plymouth (CFP) team, the space encouraged innovation and adopted a learning ethos to understand what works best to enhance support for people using services, or those that are underserved. The system is under pressure, experiencing increasing demand and decreasing resources, making the need for relational partnerships; space for innovation; encouraging creativity to meet people's needs; exploring prevention and early intervention, essential to support best use of resources and strengthen support available.

Partners working with SMD were invited to the monthly forum (in person, or online on request) and offered a creative, as safe as possible space, for anyone wanting to explore an idea. Ideas were invited to be discussed with the facilitator ahead of the meeting to ensure it was suitable, that adequate time could be allocated to the idea, and that any technical or access needs to attend the forum could be arranged. All ideas were welcome, even if not fully formed, with invitation from other attendees including Peer Researchers to build on and offer support to test and learn. To be suitable for the forum, ideas needed to demonstrate:

- Focus on improving outcomes for people experiencing SMD.
- That the interest of beneficiaries is centred, ahead of individual/organisational/commercial interests.
- A plan for monitoring, evaluation and learning and how this will be shared.
- Consideration for how the idea can be sustained if it's successful.

See appendix A for the terms of reference detailing the decision-making process and appendix B for the proposal form.

Seed funding up to £5,000 was available to support ideas in their early stages. In March 2025, the Ideas Space partnered with Victim Support's Strategic Delivery Partnership Team (SDP) to match fund some resource focused specifically on anti-social behaviour and hate crime, for which a themed meeting took place.

"This would be a gift... somewhere we belong."

Attendee of Kaleidoscope group for black and minoritised women experiencing SMD

After almost two years in operation, the Ideas Space has been put on hold for this evaluation to take place. It will evaluate:

1. The Ideas Space format and model to encourage and support innovation, and distribute small grants.
2. The impact of projects and ideas supported by the forum.

This will influence the next iteration of the Ideas Space and create the opportunity to share learning so far from adopting this approach.

In addition to the Ideas Space, CFP supported a Digital Inclusion Forum. This forum adopted the same model to distribute small grants to community projects supporting digital inclusion for groups experiencing SMD and was supported by the Office for the Director of Public Health within Plymouth City Council (PCC).

2. How data was collected

“Really enjoyed taking part, meeting people in the community with similar interests and improving my fitness and my mental health. Thank you.”

Re:set fitness session participant

Over the time the forum has taken place, CFP have worked alongside Wilkinson Evaluation, The Plymouth University Health Determinants Research Collaboration (PHDRC) and Improving Lives Plymouth (ILP) Peer

Researchers to capture learning and evaluation from the forum itself and ideas it has supported.

Data to inform evaluation of the Ideas Space format was collected by:

- Short Microsoft form (appendix C) shared with attendees at the last 2 forums about their experience of attending.
- Casual feedback was regularly invited about the forum as a pilot in its own right.
- The CFP team had space to reflect on the Ideas Space and make observations about what was working well and where improvement might be required.

Data to inform evaluation of projects supported was collected by:

- A Microsoft Form (appendix D) was emailed to all projects that received seed funding for innovation asking for any learning or impact that happened as a result.
- Teams and individuals that brought ideas were asked to share learning and feedback through whatever means was most suitable to them e.g. short report, verbal update at forum, or PowerPoint presentation of participant feedback etc.

“[We’ve learned] about the importance of a homeless individual finding accommodation that will allow their pets. There are so few hostels in the UK that are able to provide this, and we are proud to be the only hostel in Plymouth. We would like to celebrate our success and champion our cause by spreading the word and initiative that we were able to secure through our funding... the hostel is full of happy pets and people!”

George House staff member on Streetvet scheme

3. Evaluation of the Ideas Space Format and Approach

Ninety-three individuals from 82 teams attended and contributed to ideas brought to the Ideas Space. Thirty-six ideas were brought in total with 27 requiring seed funding (see appendix E for details and learning from all projects funded), and nine ideas were supported through partnerships and suggestions and did not require or go through the process to obtain funding (appendix F).

"I enjoyed hearing about other organisations and being in a room of people that want to make experiences for people overcoming multiple disadvantages better."

Ideas Space attendee

A total of £46,265.69 was spent supporting these ideas, with approximately 420 immediate beneficiaries from activities, and 135 members of the workforce (including volunteers) benefiting directly e.g. through connection and personal development opportunities. Many of the ideas had a system change focus e.g. preventing childhood sexual abuse; shifting racist narratives; or are in early days of development e.g. allotment for people experiencing exclusion, so beneficiaries and community impact of these pieces of work are not yet known.

3.1. Survey feedback

Eight people filled out a short feedback survey on their experience of attending immediately after a meeting, and 27 people filled out a survey after they have been awarded funding for projects. Both surveys contained questions about the Ideas Space format, experience of attending, and the process of accessing seed funding and developing ideas.

3.1.1. What attracted people to bring an idea to the Ideas Space?

People who brought ideas to the forum shared a range of motivations, beyond simply seeking funding. Getting input from partners and experts by experience and holding conversations in a trauma-informed space was highlighted as important too. Four themes were created based on this feedback:

1. Wanting to improve support available to people they work with:

"Knowing what benefits this could bring to our clients if granted."

"We liked the idea of being able to have seed funding to help us try an idea and see if we could make it sustainable. The idea of creating sustainable projects is very appealing."

2. Accessibility and ease

“The ease of how to present your project proposal, we presented our case via a power point which was very easy and visual for us to get our point/case across.”

“It was a simple and informal process, and it felt like the values of Changing Futures were compatible with our aspirations.”

3. Seeking support from partners

“...hearty encouragement from professionals who saw the effects it was having.”

“The likeminded people who want to think creatively about working together as a community to improve the engagement and lives of those who are at disadvantage.”

4. Having a trauma-informed and supportive space to explore and co-produce ideas

“Informal approach enabled us to explain in a trauma-informed and relational way the subject matter and project. It was particularly important to us that the group assessing the application were peers, partners and people with lived and living experience.”

“The kind supportive nature of Changing Futures and all that they stand for.”

3.1.2. The experience of attending the Ideas Space to share an idea

There were two key themes from people who brought an idea to the forum: they reported valuing connection and discussing the idea with partners, and the simplicity of the process.

1. Discussion and contribution to ideas from others attending the space:

“The forum was relaxed and full of inspiring people from all around the city.”

“It was great to attend. The idea was well received and validated with some thought provoking questions. The Ideas Space gives us the opportunity to share learning and work collaboratively across the network, rather than running this in isolation.”

2. Simpler and more relational way to access funding compared to more traditional ways of applying for grants:

“The atmosphere was incredibly relaxing, welcoming, and friendly. There was also a strong sense of support in the room, which felt quite different from the usual processes of applying for funding!”

“It helped us shape our idea "on the fly" which is a massive difference from long application forms etc...”

3.1.3. What attracted people to attend the Ideas Space as a participant?

Crucial to the forum's success is having enough people there to hear, build on and support ideas. Attending a mixed agency space alongside wanting to understand more about the Ideas Space itself and what it did drew people to attend and be part of the conversation.

1. Curiosity about the forum

"Interested in the concept of small amounts of money kickstarting work."

"I was interested to see what the meeting was about"

2. Desire to connect with partners and strengthen relationships

"...hear what else is going on across the city in other organisations."

"...learn about other services available."

3.1.4. Experience of attending the Ideas Space as participant

Survey feedback from participants was positive and reflects the environment the space intended to create. There were three main themes about how it felt to participate in the Ideas Space:

1. Strengthened connection and knowledge about other organisations:

"...to be able to network has been a lifeline to us."

"I attended face to face and met likeminded people and learned a lot from the forums."

2. Friendly and welcoming approach

"...always feel listened to and heard. Good communication and impact on my service has been valuable."

"I love the Ideas Space. It is always one of the most positive meetings I attend."

3. The support of the Changing Futures team

"The CF team were very supportive, adding value to the project by supporting with facilitation."

“The Changing Futures team has always been incredibly supportive of our ideas and eager to explore new approaches and ways of working. It’s refreshing to see such openness and innovation... it has made a real difference and helped lots of people!”

“All interactions I have had with Changing Futures have been professional and trauma-informed. They are a great team.”

3.2. Observations and experiential learning

Throughout the duration of the forum, feedback and observations have suggested that it has provided an effective space to build ideas together, share resources, and support teams to access seed funding to test innovative ideas and fill gaps. Although survey feedback above has been positive, observation and the CFP ‘learn as we go’ approach has surfaced some further learning, including what requires improvement.

3.2.1. What worked well

Co-production – much of the feedback refers to the relational approach of the forum, which created accessibility and enabled a range of people to get involved with ideas to be built on, and for experts by experience to not only be part of the conversation, but to bring their own ideas too.

“[I learned] that I too can entertain, I always had stage fright... but that’s largely gone now thanks to being asked to deliver this. The service users saw my nerves... I pushed on through with their encouragement and support.”

Peer Researcher leading Hamoaze House music group

Themed session – the partnership with SDP to host a themed session was successful, with an increase in attendance and rich conversation about ideas to address antisocial behaviour and hate crime. The theme of the session was topical following the racist riots that took place in Plymouth and across the country in August 2024, which attracted people to be part of a conversation about how to address this pertinent issue.

“Informal approach enabled us to explain in a trauma-informed and relational way the subject matter and project. It was particularly important to us that the group assessing the application were peers, partners and people with lived and living experience.”

Ideas Space Attendee

Supporting innovative culture and partnerships – partnerships and offers of support were plentiful during the Ideas Space meetings, as were innovative suggestions, such as how to creatively engage with people when a project was

proposed, or how an idea could meet a need for another service. Offering a forum to discuss funding ideas created the conditions for this, rather than an administrative application process.

3.2.2. Challenges

Attendance - this ranged between six and 18 people at each meeting (average 12). At some meetings, most attendees were there because they had a specific idea they wanted to share and seek financial support for. Discussion could still take place to develop ideas but were less fruitful when the numbers were low.

Suitability of ideas - the forum's open invitation to anyone working with SMD to bring an innovative idea would sometimes attract people bringing an idea with a focus on SMD populations that created an opportunity for their business or enterprise, rather than meet a need identified by those working with challenges in the SMD system. For SMD focused ideas, the decision-making process was down to the group to decide as per the Terms of Reference, so some of these ideas were supported, learning shared and were able to demonstrate positive impact. Going forward, it would be important to consider how any future ideas are meeting a need in a stretched and challenged system, rather than funding things that are 'nice to have' but not demonstrated as needed.

Some ideas discussed with the facilitator before the meeting and advised that the Ideas Space was not the appropriate forum for these ideas. This was due to there not being significant connection to improving outcomes for people experiencing SMD or the idea being too commercial, e.g. private hypnotherapy sessions for members of the Polish community, alternative therapies for mothers with young children. Ideas that were not suitable for the Ideas Space were signposted to other grant opportunities where possible.

A proposal for equipment for rough sleepers e.g. sleeping bags, tents was also not supported as there were already flexible funds available to support individuals rough sleeping.

Timely funding transfers - where ideas were supported financially, transferring funds from the CFP Innovation Fund held by PCC would sometimes become a lengthy process particularly for grassroots organisations that were not registered providers. To overcome this, the Idea Space tested a process in partnership with Plymouth Octopus Project (POP) to set up an Open Collective account. Funds could

"Thank you for your work and the effort it took to work with POP so we could receive the money."

Grassroots grant fund recipient

be transferred to POP, a trusted partner and registered provider to PCC, which were then protected in an Open Collective account for the grassroots organisation to draw down using receipts and following approval from CFP team

members for each withdrawal requested. Accounts and receipts are open for the public to view, so how the money is spent is transparent. This was tested successfully with the 40 Project (see project details in appendix E).

Group name and clarity about purpose - the forum was initially named the 'System Innovation Forum.' It was renamed The Ideas Space following consultation

with attendees, and feedback that *System Innovation Forum* sounded very formal and strategic and did not encourage staff in public facing roles who will have good insight into where innovation can take place to attend.

Sharing learning and feedback on impact of grants - in the spirit of simplicity and low labour intensity for small amounts of money, projects were invited to share impact, learning and sustainability plans in a way that suited them and with creativity, with the proviso that this information is shared in some format. This worked well to an extent, but some projects did not return to the forum to share learning or complete the online form created to help gather data without significant chasing to ensure there is accountability for how public funds have been spent. This suggests that offering a flexible method of feedback, although intended to be helpful when distributing relatively small amounts of money, is not entirely effective for ensuring accountability for when funds are distributed in this way and a more robust commitment to this needs to be in place going forward.

Hybrid meetings - the hybrid set up of the meeting made it more accessible, and people reporting enjoying attending face to face when they could to connect with others. However, the facilities in the venue meant that a laptop was on a central table and directed to whoever was speaking. Efforts to ensure people online were included and appreciated, but it did not always go smoothly, and people were not always heard. Better facilities for this would ensure inclusivity and smoother meeting facilitation.

“Hybrid is hard but the effort made by those in the room was very much appreciated.”

Online Ideas Space attendee

4. Evaluation of projects supported

Ideas brought to the forum fell under three main themes:

1. **Approaches to engaging people and communities** in creative ways that support building and holding relationships and opening up new possibilities. This theme has supported ideas such as:

- A weekend camping trip to Lopwell Dam for staff and service users from Hamoaze House.
- A therapy dog for the Pause team.
- Resources for the Kalm+ group who use art as a means to support recovery.

*"We can see how the women Peggy [therapy dog] has met have responded. They are calmer, more able to take part in mindfulness especially as they can go for walks with her and benefit from some exercise in the fresh air and respond to the Practitioner in a way they could not in a more structured/ formal office setting.
"One of our very young women with ADHD and autism who is alcohol dependent... her face lights up... Peggy also greets her with joy. This young woman will not see many other faces light up at the sight of her."*

Pause team manager re: therapy dog

2. Approaches to working with people or communities on an equal footing through the **principle of reciprocity** – an exchange, mutuality between people/organisations who strive to **hold equal power in a relationship**. This theme has supported ideas such as:

"I really just wanted to email you this evening and say how incredible the workshop was today. The presentation, the content, and the format of it being a mix of professionals, carers and people with the diagnosis. What an amazing and inclusive way of sharing and learning for all."

Feedback from REG EUPD workshop participant

- Plymouth Mental Health Recovery and Empowerment Group (REG) – coordination support to enhance recruitment of experts by training and experts by experience to deliver workshops.
- Cooking equipment for the MARS team for resident of MARS house to cook and eat together
- Mindful Art Club support for free mindful art retreat for people.

3. **Approaches to testing/learning about**, evaluating, measuring and reflecting on **new or existing services/provision** that support or create opportunities for people or communities. This theme has supported ideas such as:

- Circles feasibility study into a Harm Prevention programme to prevent Child Sexual Abuse (CSA) in Plymouth.

- George House to become accredited by Streetvet scheme to support people experiencing homelessness and living in hostels with their pets.
- Resources for Hamoaze music group to create sustainability for recovery through music.

“The feasibility [study] has evidenced there could be up to 4500 adult men in the City of Plymouth with enduring sexual thoughts about children... to understand requirement for a service could lead to supporting prevention of child sexual abuse in the longer term. The feasibility report was presented to the statutory community safety partnership who have further supported strategic work with an amendment to their strategic priorities to include the prevention of offending and reoffending. [The study] has enabled further funding to be secured which has enabled 60 professionals to be trained in working with people who may sexually harm, and a phase 2 feasibility to enable service design to be progressed. There is growing interest in this area of work as part of being a more trauma-informed city.”

NSPCC Development and Impact Manager

See appendix E for a summary of all projects, including impact, learning and sustainability plans. Some individual projects were offered support from PHDRC to undertake their own and more in-depth evaluations.

5. Summary and Recommended Next Steps

“It would be great if this space could continue as it has proved a very valuable space for community projects.”

Ideas Space attendee

The Ideas Space intended to offer a mechanism for providing small grants to organisations to support innovation and learning, while creating a forum for connection, co-production with lived

experience, and partnership. Feedback suggests these aims were achieved, projects supported have been impactful, and there is learning to apply to future work that supports innovation and funding distribution in a simple, relational way.

Local conversations have surfaced an appetite for a space for operational managers, who see the gaps and challenges, to connect and think innovatively about pertinent issues. This was surfaced during a focused conversation facilitated by CFP in December 2024 about women and homelessness, which also recognised the significant quantity of care leavers in the system. There is opportunity going forward for the Ideas Space and the learning developed so far to influence a forum to explore key issues such as these with operational managers and adapt the model, considering strengths and challenges discussed in section 3.2.

5.1. Recommendations

Continuation of this space, with a small budget from Changing Futures to support seed funding where needed to test and support innovation, could be improved by:

Focus on key system issues for SMD – and working closely with operational managers, the Alliance Management Team (AMT) and other partners to understand wicked system problems and create innovative solutions together. This could be formatted through:

Themed meetings - with themes identified through journey mapping, peer-led and cross-organisational reflective practice groups, and AMT decisions on areas to prioritise.

“It felt like everyone was there because they wanted this change being suggested. It was really inspiring.”

Ideas Space antisocial behaviour and hate crime meeting attendee

Better hybrid option to participate – through use of a venue better able to accommodate this so people can participate flexibly.

Wider system representation – The Ideas Space has been well attended by CFP partners and VCSE organisations. Growing membership to include colleagues from Adult Social Care and other teams playing a vital role in supporting those with SMD

would strengthen the space and complement and align it with the Creative Solutions Forum (which looks at individuals).

Utilise POP and Open Collective - for straightforward and transparent funding distribution to organisations not set up on the PCC system.

Improved feedback function – encouraging creative feedback methods can still stand, along with the ease and simplicity of accessing small grants, but firmer boundaries need to be in place for sharing impact and learning, and how projects will be sustained to support long term system change. Dedicated Project Officer support can enable this.

“The collective effort in creating and maintaining the garden led to a sense of shared achievement and pride among participants. The garden transformed the hostel's environment, making it a more welcoming and pleasant place to live. This had a positive impact on the overall atmosphere and morale of the residents. We have been able to create the foundation for long-term sustainability, with ongoing maintenance and care, ensuring the garden continues to thrive and benefit future residents.”

George House staff member on the hostel's gardening project

6. Appendices

6.1. **Appendix A – Ideas Space Terms of Reference**

The Ideas Space Terms of Reference



Purpose: An innovative space to co-produce system change to optimise support for people with experience of multiple disadvantage in Plymouth. The group adopts a learning ethos and seed funding is available to support test and learn pilots.

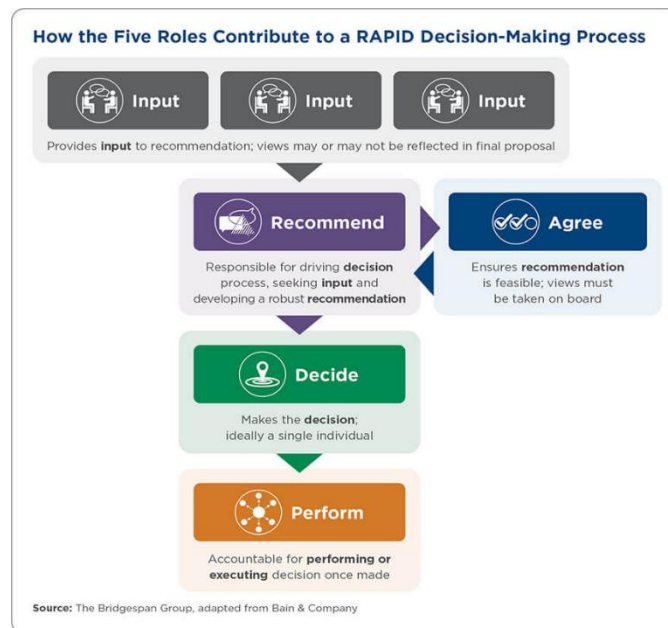
Principles:

- **People with experience of multiple disadvantage* at the heart.**
- Creative, safe space open to anyone who wants to explore an idea.
- Ideas to be shaped with input from Peer Researchers and lived experience.
- The forum will be supportive, not directive, and teams are responsible for their own activities.
- Putting the interest of beneficiaries ahead of individual/organisational and commercial interests.
- Monitoring, evaluation & learning will take place through projects, and the forum itself.
- Fostering authentic, supportive working relationships and partnerships.

Themes:

- Approaches to engaging people or communities in creative ways that supports building and holding relationships and opening up new possibilities.
- Approaches to working with people or communities on an equal footing through the principal of reciprocity – an exchange, mutuality between people/organisations who strive to hold equal power in a relationship.
- Approaches to testing/learning about, evaluating, measuring and reflecting on new or existing services/provision that support or create opportunities for people or communities.

Process and RAPID decision making:



Forum discusses and **inputs** into idea, consideration for possible collaborations.



Idea recorded on Innovation Proposal Form detailing how idea will be measured and share with Gemma Gowan to **recommend**.



If proposal is sensitive, GG to ensure **agreement** from programme SRO, Jackie Kings.



Decision made by Anna Moss following idea development from recommendation and agreement conversations.



Group, organisation or individual bringing idea **performs**, evaluates and shares learning.

Practicalities:

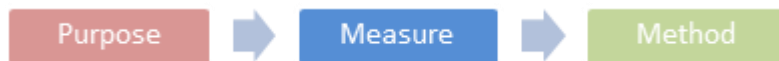
- Monthly face to face meetings (with Teams option available on request) on third Wednesday of every month 1.30pm-3.30pm.
- Varying venues as directed/offered by group. Hamoaze house will be used otherwise.
- Membership is inclusive to anyone who wishes to attend.
- Opportunity for creatively capturing 'minutes.'

*People who have experience of two or more of: homelessness, substance use, domestic abuse/sexual violence, contact with the criminal justice system and mental health problems

6.2. **Appendix B - Innovation Proposal Form**

Innovation Proposal Form

Please complete the questions below to help shape discussion about your idea. Answers do not need to be lengthy, just a few words to give a flavour for what the innovation hopes to achieve.



Once completed please send to gemma.gowan@plymouth.gov.uk, or get in touch to discuss if this form creates any barriers to you exploring how this idea can be implemented.

Name of project

Contact details of main lead

Brief description of purpose

Proposed cost

What difference could this project make to beneficiaries?

How will you involve peer researchers/people with lived experience?

How can this be sustained if beneficial?

How can learning be shared (whether the project achieves its purpose or not)?

6.3. Appendix C – End of meeting survey questions

1. Which meeting did you attend?
2. Was this your first time attending, or have you attended this meeting previously?
3. How did you find out about this meeting?
4. What attracted you to come along to the meeting?
5. Could you tell us about your experience of coming along to the meeting?
6. Did you share an idea at the forum?
7. If you answered yes to the question above, please tell us a bit more about your experience of sharing your idea at the Ideas Space/Digital Inclusion forum. How likely are you to bring an idea to the forum in the future?
8. How likely are you to suggest to a colleague that they should come along to the forum?
9. Did you form any new, useful connections or partnerships as a result of this meeting?
10. On a scale of 0-10 (with 0 being poor and 10 being excellent), what would you rate your overall experience of attending the forum?
11. Name of project or organization you are representing
12. If you wish to add any other comments about your experience of attending the forum or if you have any suggestions for our future sessions, please use the space below.

6.4. Appendix D – Fund recipient feedback questions

1. Give a brief overview of the project.
2. Could you tell us a bit about the people who benefited from your project?
3. What change do you think your project achieved? (Can be partial achievement, remember this is a test and learn!)
4. What quantitative data do you have to share?
5. What qualitative data do you have to share?
6. Is your project completed?
7. Could you tell us what went well?
8. Could you tell us a bit about anything that you learnt in delivering the project?
9. How likely is it that you will be able to sustain your project?
10. How did you find out about the funding?
11. What attracted you to apply for the funding?
12. Did you come along to an Ideas Space/Digital Inclusion session prior to applying for funding?
13. Could you tell us about your experience of coming along to the forum? (e.g. Was there anything different about it compared to other funding opportunities, what did you enjoy, did you attend face to face etc.
14. Did you complete a proposal form?
15. How easy was it to complete the proposal form?
16. How easy was it to involve Peer Researchers/people with lived experience in your project?
17. How satisfied were you with the decision-making process for funding of your project?
18. If you were able to share any learning, how did you do this?
19. Could you share a golden nugget about your project?
20. Is there anything else you'd like to tell us about your experience of Changing Futures Plymouth?

6.5. Appendix E - Funded Project Summaries, Impact and Learning

Table 1: Approaches to engaging people and communities

Organisation, date agreed and funding provided	Idea description	Impact	Learning	Sustainability plans
Trevi's Pause team – funding for therapy dog training February 2024 £1,100 In progress	To train a dog (Peggy) to be used therapeutically within a women's service for those who have had children removed. These women have experienced severe trauma and have complex needs. They do not trust humans easily but the service wants to help them feel able to comfortable and relaxed.	Peggy is still completing her training, but staff can see how the women she has met have responded. They are calmer and more able to take part in mindfulness especially as they can go for walks with her and benefit from some exercise in the fresh air and respond to the Practitioner in a way they could not in a more structured/ formal office setting. Staff shared a specific example: “Watching one of our very young women with ADHD and autism who is alcohol dependent with Peggy, how her face lights up at the sight of her and how Peggy also greets her with joy. This young women will not see many other faces light up at the sight of her.”	The team should have gotten earlier buy in from their employing agency so Peggy would have been able to come into the office sooner.	The Pause team are currently waiting to hear about future funding for their service to continue beyond summer 2025. If the service continues, they will be able to sustain the project. If not, they hope Peggy will be fully trained and will be able to provide therapy dog support within another provider working with SMD in Plymouth.
Hamoaze House trip to Lopwell Dam	To offer those in recovery a residential weekend to spend time with people	Feedback includes:	That for a relatively low cost, this opportunity can bring staff and service users	Following this event, the Hamoaze team started exploring with partners the

April 2023 £750 Complete	experiencing a similar journey, to be in amongst nature, have fun, have opportunities to cook together, and get involved in activities i.e. walking, swimming, camp fire cooking etc.	“Having had huge anxiety before the event, it was nice to get there and feel the space/surroundings...I was not alone... teamwork led to fun/laughter.” “helped with socialising, staying clean and gaining hope for the future.” “I’d recommend it to anyone in recovery.”	together to build relationships and experience the benefit of nature and having fun.	possibility of arranging another trip for people not accessing Hamoaze and entrenched in rough sleeping to offer opportunity for connection and relationship building to access support.
Pantheon Re:set exercise sessions February 2024 £2670 Complete	Pantheon Plymouth delivered outdoor, functional fitness sessions for people experiencing SMD providing opportunity for participants to get active, meet new people and socialise in a safe environment.	28 people attended sessions, feedback included: ‘Really lovely staff – helpful and motivating but allowing us to go at our own pace. Fun workouts – different every session’ ‘Really enjoyed taking part, meeting people in the community with similar interests and improving my fitness and my mental health. Thank you.’	Sessions were delivered over the summer holidays which meant participant numbers varied as there were other activities happening. It would have been beneficial to have more lead in time to the project to give opportunity to promote it more.	Livewell has offered to fund Re:Set activity sessions at their Mount Gould site, so sessions will continue in a different area of the city. Pantheon are seeking funding to continue sessions in Mount Wise.
Counternarrative project to prevent racism (in collaboration with SDP) March 2025	Exploring opportunities to counter harmful racist narratives and take a citywide approach to challenge myths, misinformation and pervasive narrative in relation to immigration, migration, asylum seekers and racism.	This was discussed at a themed Ideas Space session arranged in partnership with SDP to focus specifically on innovation in relation to anti-social behaviour and hate crime. The importance of this was recognised, and further conversation was required to formulate a plan and project to be taken forward. This conversation will continue with inclusion of experts by	There has been no learning yet from this project as its still being co-produced.	Design discussions are focusing on long term sustainable change to address the issue of misinformation and racism.

£4000 from SDP, £5000 from Ideas Space In progress		experience in the Inclusion and Resilience Branch of the Trauma Informed Plymouth network, which is holding the funds allocated on the project's behalf until a leading organisation is identified.		
BCHA "Georgefest" July 2023 £1,819.72 Complete	Festival for customers and partners at George House to celebrate inclusivity and diversity, and offer a safe space to be present and enjoy the stalls on offer. Funds supported live music, freshly cooked food, ice cream van, raffle, live art drawings and hair braiding.	Created an opportunity for people residing at George House to have fun and connect with each other and staff	That the festival and activities were valued by staff and people living at George House.	No identified opportunities for sustainability.
Livewell LIGHT (Living In Greater Hope with Trauma) programme October 2024 £200 In progress	An open, accessible psychoeducation and skills practice group to learn to cope with some of the impacts of trauma. There are six weekly sessions repeated, with the group offered on an ongoing basis from The Harbour Centre Drug & Alcohol service and Shekinah homelessness Drop-in.	Excellent feedback ongoing from 40-50+ attendees since January, rating positively on feeling welcome/connected/informed. Many people attend multiple sessions. Comments include: "Please keep the group going." "We should have this in schools." "I've learnt skills to help myself."	People come, engage, return, and continue to do so, indicating its value. The team recognise the importance of marketing and clear communication being repeated. The group has no referral/assessment process, which is identified as a major strength - and novel. Learning about the importance of balancing accessibility and safety.	LIGHT is delivered jointly with Harbour but is led by the Livewell Complex Needs Psychology team. Posts are substantive and the team are committed to continue delivering LIGHT as a core part of what we offer. People with lived experience were involved in the training of staff and in the planning stages of the group. We will also recruit group members to

				evaluate the group experience and hope to include people with lived experience in co-facilitation.
Devon MIND – resource for Kalm+ group August 2023 £700 In progress	A flexi-fund for resources to support the Kalm+ art group for people with a personality disorder diagnosis, led by Mind and Livewell. The fund will support arts and crafts, DBT, filming and editing and community and peer support. Activities are directed by service users to support their individual recovery journeys.	The funding has supported 291 contacts with people attending Kalm+. Feedback from a participant: “I love being able to come down to the group and just relax and do something with other people who get where I’m coming from. It helps take my mind off my own challenges.”	The funding has been used for a range of group activity, including arts and crafts, which has been a key asset for users and helped sustain a warm, non-clinical space.	Resources will be used on an ongoing basis for future activity.
TI recruitment film June 2023 £5,000 In progress	To create a series of three short films sharing the learning from trauma sensitive recruitment of experts by experience to join the CFP team as Peer Researchers, their impact on systems change, and their development journeys.	Two of the films have been completed, with the third in production. They have been shared locally and nationally and influenced conversation and strategy on co-production and trauma-informed HR practices that value the expertise of people with Lived experience.	The process of codesigning and creating the films have been lengthy but important. Feedback has valued how accessible the films are to share learning, and the voices of people with lived experience being centred in them.	Films are available for all to use and can be found here: Changing Futures Plymouth: A Trauma Informed Approach to Recruitment on Vimeo Changing Futures Plymouth - Making the Difference on Vimeo

Devonport Lifehouse Football Team July 2024 £400 Complete	Devonport Lifehouse homeless hostel has a football team for residents, and were invited to participate in a football match outside of Plymouth. Funds were used to hire a minibus for the football team and other residents to attend and be part of the experience.	A resident at Devonport Lifehouse who only began playing football last year stated, "I'd never played before in my life - it's been a good outlet". Another who has taken on the role of ball boy built up the courage to attend with support from staff shared, "I haven't travelled out of Plymouth since I was a child". The Activities Coordinator commented, "This has given a group of clients, who are not playing football, the opportunity to come and spectate at the event, experiencing only what a few would have if we hadn't received the financial help that we did from Ideas Space".	That small amounts of funding for activities such as this can enhance morale for service users and staff, and increase connection.	There are no plans for sustainability, but staff reported an increase in confidence exploring funding for events such as this, and the football team continues.
Salvation Army – Psychologically Informed Environments September 2024 £600 In progress	Transform clinical resident meeting rooms to be more trauma-informed and homely, involving the residents in design, setting up, creation and finishing the spaces.	Improved meeting rooms will be available for 63 residents in the hostel and 12 persons from Zion flats for intake and support meetings, and appointments with outside agencies. Two residents have been actively involved in the project so far.	More details of impact on residents and photographs to follow. A peer plans to undertake some appreciative enquiry with residents too.	Staff and residents will share responsibility for maintaining the space and this will be overseen by management.
ILP Young Adult Carers service – welcoming space	To make office and outdoor space reflect the needs and values of people using it so they feel seen, heard, safe to	In progress – currently co-designing a psychologically informed space that can be used by clients and staff alike. So far sheds in the outdoor space have been	That being involved in creating a welcoming space can be as impactful to people as accessing the	The outdoor space can easily be sustained as ILP have so many projects working from the office

July 2024 £826.97 In progress	disclose and accept help. The space was clinical, dull and uninspiring, and staff hope to support them to make it a more welcoming and psychologically informed environment for those experiencing SMD.	painted, it is already encouraging more people outside to gather together in the space that was rarely used. Service users are keen to be part of making the space warm and welcoming.	space itself: "I didn't know just how much a painted shed could change my mindset as I walk out in the courtyard, I didn't realise just how dull and uninspiring the area was until it was changed."	space and will share responsibility for keeping the space tidy, well-kept and useable for everyone at all times of the year.
ILP - <i>Someone's Daughter, Someone's Son</i> film showing September 2024 £1200 In progress	To arrange a screening of <i>Someone's Daughter Someone's Son</i> to people in Plymouth working with or having lived experience of SMD to create discussion and learning about experience of people sleeping rough. This idea was shared by a Peer Researcher who is now coordinating the event.	Impact is yet to be shared. After the event, it's anticipated that this will create space for learning and connecting professionals and experts by experience in the city.	Organising an event of this nature is a complex process and requires support and partnership.	As a learning event, it's expected that legacy from this will show up in practice and understanding of practitioners coming across people who are rough sleeping in their work.
Arts based research methods June 2024 £2,000 Did not go ahead	Engaging experts by experience in research through Art.	The Peer Researcher leading on this project was unable to progress it due to unforeseen circumstances. There has been agreement to repurpose these funds to support another member of the Peer Research team to undertake work with people who are neurodivergent and using services (see below).		

Consultation for ADHD peer support group May 2025 £2000 In progress	Funding was repurposed after the arts-based research methods project was unable to go ahead. ILP co-production Project Worker working with Devon Mental Health Alliance (DMHA), Livewell and Mind to hold 3 consultation sessions to understand what people would want from a peer-led ADHD support group. Following this the hope is that peer support groups will be set up and funds used flexibly to support implementation of this. DMHA are also contributing to the cost of this project.	To be reported – project currently in co-production phase.	To be reported – project currently in co-production phase.	To be reported – project currently in co-production phase.
George House Gardening Project May 2024 £900 In progress	Improving the George House outside space to create a garden where residents can grow their own crops, cultivating hope, growth, and a sense of belonging. Funds were used to invest in tools, equipment, compost bays and seeds.	This space is benefitting everyone at the hostel, with over 50 residents actively involved and 80% reporting improved mental health. Service users have come up with new and creative ideas, such as developing a social space around the apple tree and building a living rear wall, fostering a sense of community, autonomy and well-being. Residents have learned valuable gardening and landscaping skills, boosting their confidence and providing	A small amount of funding makes a significant difference for projects like this. It has been attempted in the past with second hand wood and donated plants that were at the end of life. Now residents can be actively involved in the space and its maintenance, as they grow alongside the garden.	The tools purchased have been able to create the foundation for long-term sustainability, with ongoing maintenance and care, ensuring the garden continues to thrive and benefit future residents.

		opportunities for future employment. The garden has transformed the hostel's environment, making it a more welcoming and pleasant place to live.		
Gifted women – Kaleidoscope group March 2025 £3600 In progress	The Kaleidoscope Group is a protected space for women of colour accessing Gifted Women and experiencing SMD. It offers regular, facilitated sessions that centre identity, belonging, connection, and confidence-building. The group provides a space for shared cultural experiences, peer support, and community – while also gently supporting each woman's longer-term journey toward employment and personal development.	Six women have joined the Kaleidoscope WhatsApp group and 3 women have attended so far with 2 sessions held. One woman spoke openly for the first time about the impact of her cultural background on employment decisions, which led to positive, practical changes in her support plan. Although still in the early stages, the group has already created a sense of trust and openness among the women involved. Staff are seeing early signs of confidence-building and engagement, with the group making plans to take part in the Plymouth Hope Festival to reach other black and minoritised women who may benefit.	This is a new project and the team are still learning how best to integrate it with Gifted Women's wider service. Participants are beginning to build new connections with other specialist agencies— showing that the group not only offers a safe, reflective space, but also acts as a springboard for wider connection, confidence, and community engagement. Women's key workers work closely with the facilitator to follow up signposting/making referrals, in a more structured and supported way. This has improved the flow of support around	Gifted Women are committed to sustaining this. They understand it's key to gather evidence and data of need and impact so that we can do so. They feel the investment required is very achievable as this is a low intensity / low-cost project.

			each participant so Kaleidoscope complements, rather than duplicates or fragments, their wider journey with Gifted Women.	
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Table 2: Reciprocity and Equal Power

Organisation, date agreed and funding provided	Idea description	Impact	Learning	Sustainability plans
Plymouth Recovery and Empowerment Group (REG) October 2023 £5000 Completed	Collaboration between mental health professionals and experts by experience to provide mental health training and community workshops. REG progressed from being a group of people with shared passion to a CIC. Ideas Space funding was provided to enable dedicated time to recruit and support collaborators and new members to deliver more workshops, and ensure governance is in place to support the organisation run	People with mental health challenges and their carers have benefitted directly, through attending workshops and indirectly, through mental health workers and members of the wider community attending workshops, leading to greater empathy and compassion and less stigmatising responses. People with lived experience working with REG have been empowered by sharing their expertise and participating in the co-production of the organisation, and receiving payment for these valued social roles. REG has been able to develop as an organisation, recruiting a new lived	REG have developed their understanding around how to effectively operate as a CIC with a business model that relies on grant funding and provides free, open access services, and have learnt how to write successful funding applications.	REG have secured funding from Awards for All and feel confident that they will be able to write further successful funding bids in future. They have started developing their network of collaborators and have plans to build this further and diversify and expand the number of workshops they can provide.

	smoothly and secure longer-term funding.	experience director, developing policies and procedures, marketing and communications processes and building knowledge of funding applications.		
Bikespace – earn a bike scheme February 2025 £1000 In progress	Provide four recycled bikes for participants to learn about bike maintenance and "earn" the bike through four hours of recycling the bike themselves. Training x4 volunteers to run a community open workshop helping members of the public learn and repair their own bikes.	Three volunteers have been trained and approx. eight participants attended per workshop, benefitting from the free bike repair and the empowerment of repairing it themselves. They have linked in with organisations and have engaged with many participants who have lived experience of SMD and have now become volunteers within Bikespace. Earn a bike scheme is in progress and participants are being recruited. Case studies mapping individual's journeys will be shared at later date.	The open workshop has been very successful, and some community members use it to come in for a cup of tea and chat. This is Bikespace's first experience on having a volunteer led project. Learning includes, "we don't want to take advantage of people's generosity. The volunteers who are willing to donate their time to us are not fully trained bike mechanics and over the sessions we have learned we have to be discerning in what jobs come to the open workshop as we don't want to overwhelm them and cause stress." There has also been learning about, "how many people are willing to donate their time to us voluntarily. It is incredible to watch someone pass on the skills	Bikespace have five core volunteers who are incredibly keen to take ownership and make the open workshop a success. They hope we can continue the earn a bike project using the volunteer staffing and the generous donations of bikes from the public.

			that we have taught them to others and in turn benefiting their lives as well as their own. “	
Plymouth Access to Housing (PATH) MARS House cooking group April 2024 £500 In progress	Offering cooking opportunities to a group of people who have limited options for housing due to complex mental health and addiction. The MARS house accommodates these individuals and work intensively with them to support with everyday living to integrate into society.	MARS house residents have been able to experience cooking for themselves, eat a healthy and nourishing meal and share this experience with residents alike. It's helped promote confidence and explore socially outside their comfort zone. Clients have shared their ideas and recipes of what they would like to cook/ bake and it has brought a house of residents closer together encouraging them to socialise and engage better with the support offered.	Clients have felt valued with the new and more appropriate items the funding has provided. Staff have enjoyed cooking with clients: “wonderful, such a small interaction can bring to individuals who aren't necessarily used to being nurtured and communicated to in an adult manner. This money has provided value in items which have provided a connection and confidence to those who have very little.”	The MARS team have an ongoing budget for ingredients, and now have utensils and resources to cook with clients which can be used in the long term to continue the project.
The 40 Project September 2024 £1200 In progress	The project provides sanitary kits to vulnerable women (or those who experience periods) who are sofa surfing, in hostels or who are working/sleeping on the streets of Plymouth. An entirely volunteer led team that rely on donations, the ask was to fund a year's	Feedback from organisations the 40 project works with: “Thank you for the bag of things to pass onto [initial] for the girls & also the pads for that lady. We all appreciate what you give us.” “We really do appreciate the packs. We see a lot of women in various	As the 40 project is a non-constituted organisation, a partnership with POP enabled a robust and transparent way to distribute funds to support their work and development (see section 3.2.2).	The team plan to use the time the funds have created for them to work towards becoming a constituted organisation and able to apply for longer term funding.

	worth of sanitary products to free the team up to work towards the project becoming a constituted organisation and therefore able to apply for longer term grant funding.	places. Thank you for always thinking about us.” Feedback from a volunteer: “As someone who donates a percentage of my income to provide for the kits, it has been absolutely amazing to be given a pot of money to create a stable service for our users... this fund has been instrumental in supporting our goals.”	The team have offered opportunity for creativity and started working with women in Trevi to write poems to put in the kits, so women who might have received a kit, are now contributing something valuable in the ones given out.	
Insight Early Intervention Psychosis team allotment project January 2025 £1,500 In progress	The insight team are encouraging the use of green space and allotments to creatively support those who find clinical settings difficult. This allows people to engage in a different way and participate in activities to build social connections and have a sense of purpose and meaning. This space is also used by those who may not be able to access community services due to risks and complexity of presentation so they often get excluded and have no sense of connection or belonging.	Clients have been part of developing this project and report feeling excited and proud - it's giving them something to look forward to. It's currently early days and the team plan to get regular client feedback and involve them in co- production of how it will operate and run.	The importance of co-production in developing projects of this nature.	The clients have come up with ideas to raise funds for this to continue by using the produce to make money to pay for itself. Tools and equipment needed to support in the long term have been funded by the Ideas Space.
Mindful Art Club art retreat day	A one day art retreat was held for members of Mindful Art Club who are struggling	10 people attended and feedback that they enjoyed the day, felt relaxed,	People experiencing difficulties day to day valued a safe opportunity to	The Mindful Art Club are planning to write a Lottery bid to include retreats.

May 2024 £700 Complete	with mental health issues, social isolation and SMD. The day included lunch, art activities, nature walks, qi gong and mindfulness.	enjoyed connecting with new people and learnt new skills.	connect with others, be in nature and enjoy food and activities. Organisers learned they need to consider boundaries, staffing and safety measures when one person was under the influence and became distressed and needed individual support.	
Marbles Lost and Found May 2024 £300 In progress	Warrior Pod – a podcast about topics related to mental health awareness and wellbeing, aiming to benefit anyone who is touched by mental health, professionals, carers and people of all age groups.	Project in progress, it has not gone live yet but people have been able to get involved and have fed back enjoying talking honestly about mental health and impacting conditions like menopause and neurodiversity, as well as experience of SMD.	How to create and deliver a podcast to a range of audiences and the importance of being led by experts by experience on topics and content.	The Ideas Space has funded startup costs, and the podcast will be maintained by volunteers so sustainability costs will be low.
Transforming Plymouth Together – iPad July 2023 £499 Complete	Purchase of an iPad to film and upload talks from partners to share with other organisations in the city working with SMD.	TPT have started filming talks and distributing these to partners in the city via their YouTube channel.	The filming was easy and the iPad easy to use. Editing was tricky but staff were able to access free training for this. Due to sensitivity of content, some talks have not been appropriate to film.	The person who coordinated talks has since left their post and the organisation has been developing a new leadership team. Talks filmed to date can be found here: Transforming Plymouth Together - YouTube

Table 3: Approaches to testing/learning about new/existing services

Organisation, date agreed and funding provided	Idea description	Impact	Learning	Sustainability plans
Circles Southwest/NSPCC Harm Prevention (HARP) Project. June 2023 £5,000 Complete	The project was match funded by the University of the West of England to undertake a feasibility study to understand need and conditions for Plymouth to consider developing a community prevention support service for adults with enduring sexual thoughts about children.	The study has evidenced there could be up to 4,500 adult men in Plymouth with enduring sexual thoughts about children, therefore there is need to consider how to support this population, which could lead to supporting prevention of CSA in the longer term. The project achieved significant progress in terms of preparing the conditions in Plymouth for prioritising working with people who may sexually harm, as part of a coordinated prevention approach. The feasibility report was presented to the statutory Community Safety Partnership who have further supported strategic work with an amendment to their strategic priorities to include the prevention of offending and reoffending.	There is limited international evidence in this area and therefore a test phase of delivery would support learning. There is growing interest in this area of work as part of being a more trauma-informed city. We must continue to ensure the voices of victims and survivors are understood in any work with people who may harm. We must have a clear communication plan. We must have a clear disclosure pathway for anyone who disclosures harmful behaviours. Being brave and courageously prevention focused by working in a space that feels uncomfortable is essential.	This feasibility study has enabled further funding to be secured through the Serious Violence Fund to undertake a phase 2 study to enable service design to be progressed. The University of the West of England have offered to evaluate a service if funding is secured to pilot. Funding has also been secured to train 60 professionals in working with people who may sexually harm.

		Following presentation there has been qualitative informal feedback that the work has enabled people to start their own learning journey about working with people who may sexually harm and recognising the need for this and being courageously prevention focused.	The journey may be long, but this project has enabled us to start the conversation, shape the narrative and move more towards decreasing child sexual abuse.	
Hamoaze House Music Group June 2024 £1,500 In progress	A flexi fund to support resources for a growing music group for people in recovery attending Hamoaze House. The music group is led by a Peer Researcher and offers connection, skills development and fun.	People attending the group have reported it being fun, and how meaningful it was in aiding their journey through recovery, benefiting from the connection it offers. The Peer Researcher leading the group commented on his development: "I always had stage fright and great fear about singing in front of others, but that's largely gone now thanks to being asked to deliver this."	An offer of music can be valuable in a daytime recovery setting, similar to art therapy. Its appeal has been the inclusivity – not prior musical skill or knowledge required, just the will to have a try and/or observe.	Hamoaze House have a volunteer that will take the music group forward, and the funds were used to purchase an amp and equipment to belong to Hamoaze House so the group has the resources to continue.
Trauma Informed Plymouth Network – Acceptance and Commitment Therapy (ACT) training with Mike Scanlan July 2023	The funding covered two days of training and venue costs. The training offered very practical training to develop skills and complement the trauma-informed practice training offered by TIPN. ACT training offered by Mike Scanlan offers a range of	30 professionals attended the training. Feedback included: "I will be incorporating the formulation, (functional analysis), tools and techniques to support my work and personal development." "All elements of the training were relevant and highly applicable to my	That the existing TIPN training is a very helpful introduction to trauma informed practice, and there is need for it to be further complemented by training with a practical skills focus. Participants fed back that the training will be of	As this training was so valued by staff while being value for money and complementary of other offers, it was invested in by the Changing Futures Workforce Development Fund to deliver four more courses over 2024 to reach

£1,400 for 2 days training and venue. Complete	therapeutic tools & stances based within principles of mindful acceptance, solution focused thinking, 3rd wave CBT and Choice Point work.	work with clients living with trauma. Really clear models and tools that will [help my work].”	benefit to their work with clients, and to their own resilience and wellbeing. More lead in to the training would have been helpful to reach more professionals.	more members of the workforce.
BCHA Streetvet accreditation May 2024 £900	The StreetVet Accredited Hostel Scheme is a project designed to support homeless individuals with pets, by enabling hostels to adopt pet-friendly policies, training and resources to manage pets effectively, and access free veterinary care. Only one in ten hostels are pet friendly, and prior to this scheme there we no pet friendly hostels in Plymouth. Pet-owners will often choose to be homeless, rather than give up their beloved companion. Funding was used to pay for a year's subscription to StreetVet.	All service users with (or without) pets and staff, benefitted hugely from this project and having animals present to boost morale or to spend time with. The hostel can now accommodate service-users who would otherwise be unable to be housed with their pets, including rats, cats and dogs. One service user and his dog had been homeless for a long time, and reluctant to be separated. George House accommodated them both, and they have recently moved on to secure a property together - a lovely bungalow (with two gardens!) near Dartmoor. Another service-user and his 20-year-old dog had been homeless for a few months before coming into George House. The dog was clearly very unwell, and the vet diagnosed a rare form of cancer. The team were able to give the dog the best last few months, living in peace, and roaming	The project has integrated smoothly into existing hostel operations, with staff receiving the necessary training and resources to manage pets effectively. Both hostel staff and residents responded positively to the initiative, appreciating the support and care provided for pets. George House plan to champion the scheme by spreading the word about the difference it has made.	StreetVets have extended the project by another year and the team at the George hostel hope to be able to continually invest in this having seen the impact it has had on their residents, staff and pets.

		around the hostel for sausages! StreetVets were able to euthanise the dog when the time came. This took place at the Hostel so the owner and staff and residents who had come to love him could support one another, which could not have happened without the Streetvet scheme. A memorial has been created for the dog in reception.		
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6.6. Appendix F – Ideas discussed that did not require seed funding

Organisation	Idea	Outcome of discussion
Plymouth City Council and Curved Vision	Sharing the THREADS support framework designed to offer people with complex lives a way to gently untangle their thoughts, arrive at answers in their own way, and move forward.	Conversations about the Threads tool and opportunities to test this out locally was taken forwards by ILP.
PATH	Investment in equipment for people rough sleeping to keep them safe during winter e.g. sleeping bags, tents, waterproofs.	Funding was asked for but not needed as a separate funding stream was available to flexibly support people rough sleeping to keep safe.
Pause team at Trevi	The need for women only spaces, being trauma-informed and understanding that some women would struggle in spaces where there are men as a result of their experiencing of abuse and exploitation.	Interest in the concept from partners and valuable discussion about how current spaces can be adapted to support women's physical and psychological safety.
BCHA	Martial Arts fundraising event for George House residents.	Support was offered for this project but the team member that brought it to the space did not follow up for funds to be transferred.
Trevi – Blossom House	Investing in the outside space at Blossom House to offer therapeutic gardening activities, create a nice space for service users, and enhance connection with staff and women living there.	Support was offered for this project but the team member that brought it to the space did not follow up for funds to be transferred.
Trevi - Sunflower	Discussion about possible peer mentor programme to boost opportunities for women worked with and build volunteers.	Partnership offered with Livewell's Complex Needs Team and ILP to explore developing this together and linking in the with LIGHT programme.
The Plymouth Alliance Workforce Development Coordinator	Discussion about inadvertent harm caused to people by services and systems.	To support development of citywide workforce development programme.
BCHA	International Women's Day event at George House	Ideas offered included leaflets and attendance from Gifted Women, contacting Lush for donations, contacting Harbour to see if a Naloxone volunteer can attend the day, and creating

		space for women who work at BCHA and acknowledging the work they do.
NSPCC / Safer Plymouth Partnership	Anti-crime Campaign, inspired by 'Dear Merseyside' film.	This has contributed to ideas for the positive narrative project (see appendix E). Ideas and contribution were also taken back to be shared with the crime prevention sub group.